



Lorain County Safe Harbor

a collaborative community effort to provide a responsive system of care for victims while also raising awareness about domestic violence

Support Groups

Lorain County Safe Harbor provides a secure, confidential shelter for individuals and families escaping domestic violence. We offer support groups for any survivor in the community over the age of 18 who has experienced abuse from a current or ex romantic partner. These support groups are confidential and facilitated by agency staff.

[READ DETAILS](#)

Support Groups for Survivors of Domestic Violence

What is a Support Group?

A support group is a safe, confidential gathering where survivors of domestic violence can share their experiences, find encouragement, and receive emotional support. Participants benefit from connecting with others who have faced similar challenges and can learn strategies for healing and empowerment. Support groups also provide valuable education about domestic violence, recovery, and ways to prevent future victimization.

Who Can Join?

Our support groups are open to anyone over the age of 18 who has experienced abuse from a current or former romantic partner. Whether you are currently in a difficult situation or healing from past trauma, you are welcome to join and find the support you deserve.

How to Participate

Our support groups are free and open to the public. To learn more about meeting times and locations, **call Safe Harbor at 440.244.1853 x1**. All calls and participation are confidential.

You Are Not Alone

Healing takes time, but you don't have to go through it alone. Join our supportive community to gain strength, share your story, and take the next step toward a safer, healthier future.

